

HLTAHA019

Assist with the monitoring and modification of meals and menus according to in...

Table of Contents (Extract)

NOTE: This is a sample only. This cover page is not included in Catapult Smallprint's printed books.

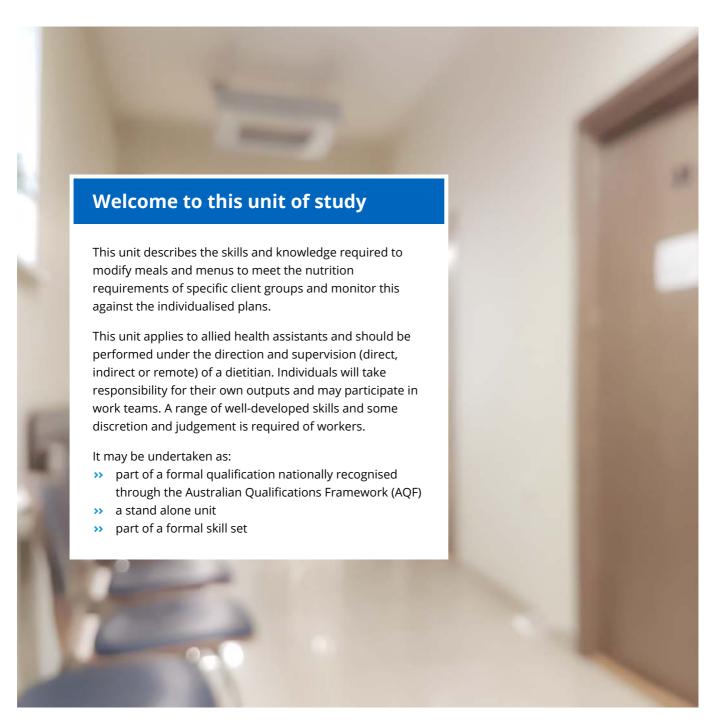
This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit HLTAHA019.

For more information, including using our enhanced online version of this unit in Catapult LMS, or to purchase the Learner or Trainer printed books, please see this unit on our website by clicking this link:

https://catapultlearning.com.au/product/HLTAHA019/

Trainer/assessor guide **HLTAHA019**

Assist with the monitoring and modification of meals and menus according to individualised plans



Contents

About this trainer/assessor guide	4
Learning resource	5
Topic 1: Identify conditions and specific needs of client groups	5
Conditions commonly encountered requiring dietary modification	5
Identify groups at risk	9
Identify special nutritional and dietary needs	18
Check your understanding	23
Topic 2: Modify meals and menus according to individualised plan	25
Consult with dietitian	25
Modify meals and assess for suitability for texture modification	28
Incorporate sufficient choices	31
Provide information to client	36
Check your understanding	39
Topic 3: Monitor and report on client status and acceptance of individualised plan	41
Provide feedback	41
Report the acceptability, tolerance and consumption of meals	44
Identify problems	46
Consistently poor client meal choices	48
Follow systems	50
Use standard and validated tools and nutritional indicators	52
Report progress	56
Check your understanding	59
Assessment workbook	61
Unit information	63
What is competency-based assessment?	64
How will my competency be assessed?	65
Assessment agreement	66
Foundation skills checklist	67
Skills recognition	68
Topic 1: Identify conditions and specific needs of client groups	69
Topic 2: Modify meals and menus according to individualised plan	70
Topic 3: Monitor and report on client status and acceptance of individualised plan	71
Knowledge questions	72
Topic 1: Identify conditions and specific needs of client groups	
Topic 2: Modify meals and menus according to individualised plan	
Topic 3: Monitor and report on client status and acceptance of individualised plan	
Topic 4: Specific knowledge evidence	

Performance tasks	101
Third party evidence collection agreement	102
Topic 1: Identify conditions and specific needs of client groups	103
Topic 2: Modify meals and menus according to individualised plan	104
Topic 3: Monitor and report on client status and acceptance of individualised plan	106
Topic 4: Specific performance evidence	108
Completion record	109
Unit mapping and assessment checklist	110
Trainer/ assessor user instructions	113



About this trainer/assessor guide

Learning resource

The learning resource is divided into the following topics:

- >> Identify conditions and specific needs of client groups
- >> Modify meals and menus according to individualised plan
- >> Monitor and report on client status and acceptance of individualised plan

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- >> a set of true or false questions
- a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

Assessment workbook

To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- >> information on competency-based assessment
- instructions on how you will be assessed
- >> assessment tools to assess your competence
- >> instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

Disclaimer

Information contained in this resource is drawn from sources believed to be reliable. The firm, its employees, agents and contractors do not warrant the correctness of the sources used and accept no responsibility to any person for any errors or omissions or for any loss or damage howsoever caused from the use of this resource.