



**CATAPULT**

# HLTAAP001

Recognise healthy body systems

## Table of Contents (Extract)

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**This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit HLTAAP001.**

**For more information, including using our enhanced online version of this unit in Catapult LMS, or to purchase the Learner or Trainer printed books, please see this unit on our website by clicking this link:**

**<https://catapultlearning.com.au/product/HLTAAP001/>**

# Trainer/assessor guide

## HLTAAP001

### Recognise healthy body systems

#### Welcome to this unit of study

This unit describes the skills and knowledge required to work with basic information about the human body and to recognise and promote ways to maintain healthy functioning of the body.

This unit applies to any worker who needs to use and interpret information that includes references to client anatomy and physiology.

It may be undertaken as:

- » part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- » a stand alone unit
- » part of a formal skill set

# Contents

<b>About this trainer/assessor guide .....</b>	<b>4</b>
<b>Learning resource.....</b>	<b>5</b>
Topic 1: Work with information about the human body.....	5
Health terminology.....	5
Major components of the body .....	38
Check your understanding .....	51
Topic 2: Recognise and promote ways to support healthy functioning of the body .....	53
Healthy body .....	53
Healthy body functions.....	65
Check your understanding .....	73
References.....	75
<b>Assessment workbook .....</b>	<b>77</b>
Unit information .....	79
What is competency-based assessment?.....	80
How will my competency be assessed?.....	81
Assessment agreement.....	82
Foundation skills checklist.....	83
<b>Skills recognition.....</b>	<b>84</b>
Topic 1: Work with information about the human body.....	85
Topic 2: Recognise and promote ways to support healthy functioning of the body .....	86
<b>Knowledge questions .....</b>	<b>87</b>
Topic 1: Work with information about the human body.....	88
Topic 2: Recognise and promote ways to support healthy functioning of the body .....	90
Topic 3: Specific knowledge evidence .....	94
<b>Performance tasks.....</b>	<b>98</b>
Third party evidence collection agreement .....	99
Topic 1: Work with information about the human body.....	100
Topic 2: Recognise and promote ways to support healthy functioning of the body .....	101
<b>Completion record.....</b>	<b>102</b>
<b>Unit mapping.....</b>	<b>103</b>
<b>Trainer/ assessor user instructions.....</b>	<b>105</b>



# About this trainer/assessor guide

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## Learning resource

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The learning resource is divided into the following topics:

- » Work with information about the human body
- » Recognise and promote ways to support healthy functioning of the body

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- » a set of true or false questions
- » a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

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## Assessment workbook

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To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- » information on competency-based assessment
- » instructions on how you will be assessed
- » assessment tools to assess your competence
- » instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

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## Disclaimer

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