



# CATAPULT

## CHCMHS012

Provide support to develop wellness plans and advanced directives

### Table of Contents (Extract)

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**This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit CHCMHS012.**

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**<https://catapultlearning.com.au/product/CHCMHS012/>**

# Trainer/assessor guide

## CHCMHS012

### Provide support to develop wellness plans and advanced directives

#### Welcome to this unit of study

This unit describes the skills and knowledge required to support a person living with mental illness to develop recovery wellness plans and advanced directives. These plans outline the person's preferences and plans to maintain wellness and to direct actions and support strategies should they become unwell.

This unit applies to work with people with mental illness in a range of community services work contexts.

Use of the term 'advanced directive' may vary between states and territories.

It may be undertaken as:

- » part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- » a stand alone unit
- » part of a formal skill set

About this trainer/assessor guide .....	4
Learning resource.....	5
Topic 1: Collect information to support the development of a wellness plan.....	5
Provide information that will enable the person to make informed choices .....	5
Develop a shared understanding of the person's goals, preferences and values.....	27
Work collaboratively to identify cultural factors that may influence wellness planning .....	31
Work collaboratively to identify who may need to be consulted .....	43
Identify, access and review other information or documents .....	50
Check your understanding .....	57
Topic 2: Support the development of a wellness plan .....	59
Develop a shared and whole of life understanding of what wellness means for the person .....	59
Identify previously useful approaches that promote and support wellness .....	68
Work collaboratively to decide the type of wellness plan .....	75
Work collaboratively to identify factors, triggers and early signs of unwellness .....	78
Identify options and actions to be taken .....	85
Identify other people to be included in the wellness plan .....	96
Seek agreement and consent from others.....	99
Document the agreed plan.....	105
Check your understanding .....	107
Topic 3: Support the development of an advanced directive .....	109
Provide information about advanced directives.....	109
Collaboratively identify the scope, service, support, treatment and medication instructions with the person .....	112
Collaboratively develop and document specific instructions.....	114
Review plan to ensure clarity .....	119
Determine the preferred way to confirm capacity at the time of signing .....	123
Work collaboratively to identify and locate independent witnesses, and store directives .....	125
Check your understanding .....	127
Topic 4: Implement wellness or other plans.....	129
Act preventatively to promote wellness .....	129
Respond supportively to people in distress or crisis.....	132
Discuss the nature of distress and comply with planned wellness strategies or advanced directives ....	139
Seek emergency assistance .....	142
Identify situations that require debriefing, reflective practice or other support .....	147
Complete documentation.....	156
Check your understanding .....	165
References.....	167
Assessment workbook.....	173
Unit information .....	175
What is competency-based assessment?.....	176
How will my competency be assessed?.....	177
Assessment agreement .....	178
Foundation skills checklist.....	179

<b>Skills recognition.....</b>	<b>180</b>
Topic 1: Collect information to support the development of a wellness plan.....	181
Topic 2: Support the development of a wellness plan .....	182
Topic 3: Support the development of an advanced directive .....	183
Topic 4: Implement wellness or other plans.....	184
<b>Knowledge questions .....</b>	<b>185</b>
Topic 1: Collect information to support the development of a wellness plan.....	186
Topic 2: Support the development of a wellness plan .....	192
Topic 3: Support the development of an advanced directive .....	206
Topic 4: Implement wellness or other plans.....	219
Topic 5: Specific knowledge evidence.....	229
<b>Performance tasks.....</b>	<b>235</b>
Third party evidence collection agreement .....	236
Topic 1: Collect information to support the development of a wellness plan.....	237
Topic 2: Support the development of a wellness plan .....	238
Topic 3: Support the development of an advanced directive .....	240
Topic 4: Implement wellness or other plans.....	242
<b>Completion record.....</b>	<b>244</b>
<b>Unit mapping.....</b>	<b>245</b>
<b>Trainer/ assessor user instructions.....</b>	<b>249</b>

# About this trainer/assessor guide

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## Learning resource

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The learning resource is divided into the following topics:

- » Collect information to support the development of a wellness plan
- » Support the development of a wellness plan
- » Support the development of an advanced directive
- » Implement wellness or other plans

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- » a set of true or false questions
- » a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

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## Assessment workbook

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To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- » information on competency-based assessment
- » instructions on how you will be assessed
- » assessment tools to assess your competence
- » instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

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## Disclaimer

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