



CATAPULT

CHCLAH008

Provide leisure education

Table of Contents (Extract)

NOTE: This is a sample only. This cover page is not included in Catapult Smallprint's printed books.

This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit CHCLAH008.

For more information, including using our enhanced online version of this unit in Catapult LMS, or to purchase the Learner or Trainer printed books, please see this unit on our website by clicking this link:

<https://catapultlearning.com.au/product/CHCLAH008/>

Trainer/assessor guide

CHCLAH008 Provide leisure education

Welcome to this unit of study

This unit describes the skills and knowledge required to assist clients to develop appreciations, interests, skills and opportunities to use leisure in personally rewarding ways.

This unit applies to workers in a range of community services and health contexts who provide leisure and health services. Work is undertaken with minimal supervision within broad but generally well-defined guidelines.

It may be undertaken as:

- » part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- » a stand alone unit
- » part of a formal skill set

Contents

About this trainer/assessor guide	4
Learning resource.....	5
Topic 1: Develop leisure education programs based on the individual client's needs.....	5
Suitability of client for leisure education program	5
Determining leisure education goals and developing a program	14
Documenting leisure education session plans	18
Check your understanding	23
Topic 2: Conduct leisure education programs.....	25
Developing professional relationships	25
Maximising participation by adapting environment/ equipment.....	27
Using presentation techniques and encouraging clients	29
Being flexible and adapting leisure education session plans	31
Check your understanding	35
Topic 3: Evaluate the effectiveness of leisure education programs	37
Determining criteria for evaluation/ review; assessing progress	37
Determining effectiveness of individual sessions and program.....	42
Documenting and evaluating program outcomes	45
Facilitating further design of leisure education programs	47
Check your understanding	49
References.....	51
Assessment workbook	53
Unit information	55
What is competency-based assessment?.....	56
How will my competency be assessed?.....	57
Assessment agreement.....	58
Foundation skills checklist.....	59
Skills recognition.....	60
Topic 1: Develop leisure education programs based on the individual client's needs	61
Topic 2: Conduct leisure education programs.....	62
Topic 3: Evaluate the effectiveness of leisure education programs	63
Knowledge questions	64
Topic 1: Develop leisure education programs based on the individual client's needs	65
Topic 2: Conduct leisure education programs.....	70
Topic 3: Evaluate the effectiveness of leisure education programs	76
Topic 4: Specific knowledge evidence	80
Performance tasks.....	86
Third party evidence collection agreement	87
Topic 1: Develop leisure education programs based on the individual client's needs	88
Topic 2: Conduct leisure education programs.....	90
Topic 3: Evaluate the effectiveness of leisure education programs	92

Completion record.....	93
Unit mapping and assessment checklist	94
Trainer/ assessor user instructions.....	97

About this trainer/assessor guide

Learning resource

The learning resource is divided into the following topics:

- » Develop leisure education programs based on the individual client's needs
- » Conduct leisure education programs
- » Evaluate the effectiveness of leisure education programs

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- » a set of true or false questions
- » a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

Assessment workbook

To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- » information on competency-based assessment
- » instructions on how you will be assessed
- » assessment tools to assess your competence
- » instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

Disclaimer

Information contained in this resource is drawn from sources believed to be reliable. The firm, its employees, agents and contractors do not warrant the correctness of the sources used and accept no responsibility to any person for any errors or omissions or for any loss or damage howsoever caused from the use of this resource.