



**CATAPULT**

# CHCCCS012

Prepare and maintain beds

## Table of Contents (Extract)

**NOTE: This is a sample only. This cover page is not included in Catapult Smallprint's printed books.**

**This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit CHCCCS012.**

**For more information, including using our enhanced online version of this unit in Catapult LMS, or to purchase the Learner or Trainer printed books, please see this unit on our website by clicking this link:**

**<https://catapultlearning.com.au/product/CHCCCS012/>**

# Trainer/assessor guide

## CHCCCS012

### Prepare and maintain beds

#### Welcome to this unit of study

This unit describes the skills and knowledge required to apply bed making and cleaning practices to a range of beds to ensure that people can safely occupy a clean bed.

This unit applies to workers in a range of settings where beds may be occupied or unoccupied. Where beds in an acute setting are occupied, bed making will usually be performed in an assisting role or under the supervision of an appropriate health professional according to organisation policy.

It may be undertaken as:

- » part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- » a stand alone unit
- » part of a formal skill set

# Contents

<b>About this trainer/assessor guide .....</b>	<b>4</b>
<b>Learning resource.....</b>	<b>5</b>
Topic 1: Prepare area for bed making .....	5
Personal protective equipment .....	5
Adjust bed height.....	9
Clear and check the bed and surrounding areas .....	10
Check your understanding .....	11
Topic 2: Make bed .....	13
Maintain the person’s dignity and privacy .....	13
Remove clinical waste and soiled linen .....	15
Clean the bed .....	16
Place clean bed linen on the bed .....	17
Check for any specific bed needs .....	21
Handle reusable clean bed linen .....	22
Clean mattresses and pillows.....	23
Check your understanding .....	25
Topic 3: Leave bed ready for occupancy or continued occupancy .....	27
Prepare the bed for occupancy.....	27
Report damaged and/or faulty beds and linens .....	29
Clean and store cleaning implements.....	30
Check your understanding .....	31
<b>Assessment workbook .....</b>	<b>33</b>
Unit information .....	35
What is competency-based assessment?.....	36
How will my competency be assessed?.....	37
Assessment agreement .....	38
Foundation skills checklist.....	39
<b>Skills recognition.....</b>	<b>40</b>
Topic 1: Prepare area for bed making .....	41
Topic 2: Make bed .....	42
Topic 3: Leave bed ready for occupancy or continued occupancy .....	43
<b>Knowledge questions .....</b>	<b>44</b>
Topic 1: Prepare area for bed making .....	45
Topic 2: Make bed .....	50
Topic 3: Leave bed ready for occupancy or continued occupancy .....	61
Topic 4: Specific knowledge evidence.....	66
<b>Performance tasks.....</b>	<b>67</b>
Third party evidence collection agreement .....	68
Topic 1: Prepare area for bed making .....	69
Topic 2: Make bed .....	70
Topic 3: Leave bed ready for occupancy or continued occupancy .....	72

Completion record..... 73  
Unit mapping and assessment checklist ..... 74  
Trainer/ assessor user instructions..... 76

# About this trainer/assessor guide

---

## Learning resource

---

The learning resource is divided into the following topics:

- » Prepare area for bed making
- » Make bed
- » Leave bed ready for occupancy or continued occupancy

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- » a set of true or false questions
- » a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

---

## Assessment workbook

---

To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- » information on competency-based assessment
- » instructions on how you will be assessed
- » assessment tools to assess your competence
- » instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

---

## Disclaimer

---

Information contained in this resource is drawn from sources believed to be reliable. The firm, its employees, agents and contractors do not warrant the correctness of the sources used and accept no responsibility to any person for any errors or omissions or for any loss or damage howsoever caused from the use of this resource.

---