



**CATAPULT**

# CHCAOD009

Develop and review individual alcohol and other drugs treatment plans

## Table of Contents (Extract)

**NOTE: This is a sample only. This cover page is not included in Catapult Smallprint's printed books.**

**This Table of Contents extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit CHCAOD009.**

**For more information, including using our enhanced online version of this unit in Catapult LMS, or to purchase the Learner or Trainer printed books, please see this unit on our website by clicking this link:**

**<https://catapultlearning.com.au/product/CHCAOD009/>**

# Trainer/assessor guide

## CHCAOD009

# Develop and review individual alcohol and other drugs treatment plans

### Welcome to this unit of study

This unit describes the skills and knowledge required to work collaboratively with clients to establish treatment goals, and to develop and evaluate individual treatment plans to meet those goals.

This unit applies to workers who develop treatment plans with, and for, clients with alcohol and other drugs (AOD) issues on the basis of an existing assessment and within established organisation guidelines. Depending on the context, development of the plan may be autonomous or collaborative. Workers may or may not be the person conducting the assessment.

It may be undertaken as:

- » part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- » a stand alone unit
- » part of a formal skill set

# Contents

<b>About this trainer/assessor guide .....</b>	<b>4</b>
<b>Learning resource.....</b>	<b>5</b>
Topic 1: Consider the type of treatment and services to be provided .....	5
Client assessment.....	5
Identify interactions between different presenting issues .....	14
Identify the need for potential referral, collaboration, and consultation.....	25
Explain the treatment plan.....	31
Client readiness .....	35
Check your understanding .....	39
Topic 2: Determine treatment goals and strategies .....	41
Discuss desired outcomes, priorities and long term goals with the client.....	41
Identify barriers .....	45
Provide information, assist client and prioritise preferred actions .....	50
Confirm client capacity .....	58
Establish timelines for identified goals .....	59
Identify others to be involved .....	60
Record goals and selected strategies .....	63
Check your understanding .....	67
Topic 3: Review client progress .....	69
Review and report client's progress .....	69
Negotiate and accurately record revisions .....	78
Negotiate exit and provide support .....	80
Review outcomes .....	83
Check your understanding .....	87
References.....	89
<b>Assessment workbook.....</b>	<b>91</b>
Unit information.....	93
What is competency-based assessment?.....	94
How will my competency be assessed?.....	95
Assessment agreement.....	96
Foundation skills checklist.....	97
<b>Skills recognition.....</b>	<b>98</b>
Topic 1: Consider the type of treatment and services to be provided .....	99
Topic 2: Determine treatment goals and strategies .....	100
Topic 3: Review client progress .....	101
<b>Knowledge questions .....</b>	<b>102</b>
Topic 1: Consider the type of treatment and services to be provided .....	104
Topic 2: Determine treatment goals and strategies .....	112
Topic 3: Review client progress .....	126
Topic 4: Specific knowledge evidence.....	131

**Performance tasks**..... 139  
    Third party evidence collection agreement ..... 140  
    Topic 1: Consider the type of treatment and services to be provided ..... 141  
    Topic 2: Determine treatment goals and strategies ..... 142  
    Topic 3: Review client progress ..... 144  
**Completion record**..... 145  
**Unit mapping and assessment checklist** ..... 146  
**Trainer/ assessor user instructions**..... 150

# About this trainer/assessor guide

---

## Learning resource

---

The learning resource is divided into the following topics:

- » Consider the type of treatment and services to be provided
- » Determine treatment goals and strategies
- » Review client progress

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- » a set of true or false questions
- » a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

---

## Assessment workbook

---

To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- » information on competency-based assessment
- » instructions on how you will be assessed
- » assessment tools to assess your competence
- » instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

---

## Disclaimer

---

Information contained in this resource is drawn from sources believed to be reliable. The firm, its employees, agents and contractors do not warrant the correctness of the sources used and accept no responsibility to any person for any errors or omissions or for any loss or damage howsoever caused from the use of this resource.

---