

# CHCAGE011

Provide support to people living with dementia

## **Table of Contents (Extract)**

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## Trainer/assessor guide

## CHCAGE011 Provide support to people living with dementia

### Welcome to this unit of study

This unit describes the performance outcomes, skills and knowledge required to provide person-centred care and support to people living with dementia. It involves following an established individualised plan.

This unit applies to workers in a residential or community context, including family homes. Work performed requires some discretion and judgement and may be carried out under direct, indirect or remote supervision.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

It may be undertaken as:

- >> part of a formal qualification nationally recognised through the Australian Qualifications Framework (AQF)
- >> a stand alone unit
- » part of a formal skill set

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Communicate with the person, their family, carer or others identified by the person, to provide an	d
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Communicate in a supportive manner that respects the person's needs, rights and preferences an	
upholds their dignity	
Support engagement of the person living with dementia using verbal and non-verbal communicat	
strategies; and provide reassurance and use validation strategies with the person to relieve distre	
agitation	25
Communicate with families and carers in a supportive manner to provide care information and	
opportunities for discussion	
Check your understanding	
Topic 3: Support the person to participate in activities according to the individualised plan	
Work with the person living with dementia, their family, carer or others identified by the person to	
develop an understanding of the person's likes, dislikes, strengths and interests	
Encourage the person to engage in activities that support ongoing independence according to the	
changing needs and preferences	
Access information about the person's reminiscences and routines from the person, their family, o	
or others identified by the person, to inform activities that reflect the person's preferences and pr	
pleasurable experiences	
Assist the person to maintain dignity of risk, while balancing duty of care	
Support the person's use of assistive technologies relevant to the activity, according to their individue.	
needs	
Check your understanding	
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Recognise changes in behaviour of the person living with dementia that indicate stressors includir	-
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### About this trainer/assessor guide

#### Learning resource

The learning resource is divided into the following topics:

- >> Prepare to provide support to people living with dementia
- >> Use effective communication strategies
- >> Support the person to participate in activities according to the individualised plan
- >> Use a strengths-based approach to meet the person's needs
- >> Complete documentation
- >> Additional learning

Each topic provides information to help you gain the skills and knowledge required to perform the work tasks to which they refer. Read the information and practise the skills described. You should also take the opportunity to undertake additional independent research. Your trainer/assessor may also provide supplementary information including interpretation of the contents of this resource.

At the end of each topic is:

- >> a set of true or false questions
- >> a set of multiple choice questions

These questions provide an opportunity to check your understanding and progress. They are self-marking and do not form part of the assessment for the unit.

#### Assessment workbook

To have this unit recognised as a formal qualification you need to have your skills and knowledge assessed. The assessment workbook provides:

- >> information on competency-based assessment
- >> instructions on how you will be assessed
- >> assessment tools to assess your competence
- >> instructions on how to complete the assessment tasks within each assessment tool

To be assessed as competent you need to provide evidence that you have the skills and knowledge to undertake the requirements of this unit. This assessment of competency is made by a qualified trainer/assessor from a registered training organisation. You must complete all the assessments as directed by your trainer/assessor to the required standard. It is not necessary to work through the guide in the order in which it is written. However this is at the discretion of your trainer/assessor.

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