## Unit mapping

_	nowledge questions ractical assessment – Task (T), Workplace Skills (WS)	KQ	PA		
Eleme	Elements and performance criteria				
E 1	Maintain personal hygiene				
PC 1.1	Develop a routine of personal cleanliness practices in preparation for work and to maintain customer confidence in organisational service	Q 1.1 Q 1.2 Q 1.3 Q 1.4	T 1a-d		
PC 1.2	Check and adjust personal cleanliness during service periods to maintain health of self and others	Q 1.5.a Q 1.5.b	T 3a-l		
PC 1.3	Check cleanliness of uniform and personal protective equipment for contamination during service periods and adjust to maintain health of self and others	Q 1.6 Q 1.7.a Q 1.7.b Q 1.8 Q 1.9	T4a-e T 5a-e T 6a-d		
E 2	Prevent health hazards in the workplace				
PC 2.1	Follow organisational policies and procedures to ensure hygienic personal contact in the course of work duties	Q 2.1 Q 2.2 Q 2.3 Q 2.4	T 2a-c T 6a-c T 7b T 7f T 8d T 8e WS 1 WS 2		
PC 2.2	Prevent the spread of micro-organisms by washing hands at appropriate times	Q 2.5 Q 2.6 Q 2.7 Q 2.8 Q 2.9 Q 2.10	T 3a T 3b T 7a-f		
PC 2.3	Identify and address workplace hygiene hazards within scope of own role and report any unresolved hazards that may affect the health of self and others	Q 2.11 Q 2.12 Q 2.13 Q 2.14	T 8a-e WS 2		

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Know	ledge evidence		
KE 1	Reasons for maintaining personal hygiene in hospitality service environments:		
	<ul> <li>reduction of, and healing from, personal illness</li> </ul>	Q 1.2	
	<ul> <li>optimal health and sense of wellbeing</li> </ul>	Q 1.2	
	<ul> <li>social acceptance</li> </ul>	Q 1.2	
	<ul> <li>prevention of spread of illness to others</li> </ul>	Q 1.2	
	<ul> <li>maintenance of organisation image and service standards</li> </ul>	Q 1.2	
KE 2	Personal hygiene practices to care for own health and wellbeing prior tand during service periods:	0	
	<ul><li>bathing or showering</li></ul>	Q 1.3	
	<ul> <li>brushing and flossing teeth and using mouthwash</li> </ul>	Q 1.3	
	<ul> <li>cutting or manicuring finger nails</li> </ul>	Q 1.3	
	<ul> <li>treating skin allergies, conditions or wounds</li> </ul>	Q 1.3	
	<ul> <li>using deodorant</li> </ul>	Q 1.3	
	<ul> <li>using hand sanitiser</li> </ul>	Q 2.9 Q 2.10	
	<ul> <li>washing clothes regularly</li> </ul>	Q 1.3	
	<ul> <li>washing hands regularly</li> </ul>	Q 2.7 Q 2.8	
	<ul><li>washing scalp and hair</li></ul>	Q 1.3	
	<ul> <li>wearing clean bandages on wounds</li> </ul>	Q 1.3	
	<ul> <li>wearing clean clothing and personal protective equipment</li> </ul>	Q 1.3	
KE 3	Ways of transferring micro-organisms and spreading airborne and infectious diseases and illness to self and others	Q 2.6	

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KE 4	Hand washing techniques and when they must be used, including after:		
	<ul> <li>contact with items, including linens contaminated with human waste, blood and body secretions</li> </ul>	Q 2.8	
	<ul><li>coughing</li></ul>	Q 2.8	
	eating and drinking	Q 2.8	
	■ scratching skin	Q 2.8	
	■ smoking	Q 2.8	
	<ul> <li>sneezing and blowing the nose</li> </ul>	Q 2.8	
	<ul><li>spitting</li></ul>	Q 2.8	
	<ul> <li>touching the hair, scalp or any wound</li> </ul>	Q 2.8	
	<ul><li>using the toilet</li></ul>	Q 2.8	
KE 5	Hygiene hazards and processes for addressing or reporting:		
	lack of:		
	– clean linen	Q 2.12	
	- hygiene signage	Q 2.12	
	- personal protective equipment	Q 2.12	
	<ul> <li>observing others using unhygienic practices</li> </ul>	Q 2.12	
	• unclean:		
	<ul> <li>hand washing facilities</li> </ul>	Q 2.13	
	– public areas	Q 2.13	
	– staff amenity areas	Q 2.12	
	- toilets	Q 2.13	
	– workstations	Q 2.12	
	<ul> <li>lack of:         <ul> <li>clean linen</li> <li>hygiene signage</li> <li>personal protective equipment</li> </ul> </li> <li>observing others using unhygienic practices         <ul> <li>unclean:</li></ul></li></ul>	Q 2.12 Q 2.12 Q 2.12 Q 2.13 Q 2.13 Q 2.12 Q 2.13	

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KE 6	Employee responsibilities in following hygienic practices and maintaining the hygiene of the workplace	Q 1.1 Q 1.3 Q 1.4 Q 1.5.a Q 1.5.b Q 1.6 Q 1.8 Q 1.9 Q 2.1 Q 2.2 Q 2.4 Q 2.5 Q 2.7 Q 2.8 Q 2.10 Q 2.11 Q 2.12 Q 2.13 Q 2.14	

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Perfo	Performance evidence				
PE 1	Integrate at least six personal hygiene practices in day-to-day preparation for work		T 1a-d		
PE 2	Check at least two of the following for contamination and cleanliness during day-to-day work functions and adjust as required:				
	<ul><li>hands</li></ul>		T 3a T 3b T 7a-f		
	<ul> <li>uniform</li> </ul>		T 4a-e T 6a-d		
	<ul><li>clothing</li></ul>		T 4a-e T 6a-d		
	<ul> <li>personal protective equipment</li> </ul>		T 5a-e T 6a-d		
Foundation skills					
FS 1	Reading skills to: <ul> <li>locate information relating to hygienic practices and hygiene hazards in workplace procedures</li> </ul>		T 2a T 2b		
FS 2	Oral communication skills to:  describe type and location of hygiene hazard when reporting		T 8c		
FS 3	Learning skills to:  follow simple processes to model hygienic practices		T 2a-c		
FS 4	Problem-solving skills to: <ul><li>adjust cleanliness and appearance after identifying hygiene hazards</li></ul>		T 6a-d T 7a-f		