



CATAPULT

CHCMHS003

Provide recovery oriented mental health services

Unit/Assessment Mapping (Extract)

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This Unit/Assessment Mapping extract is taken from Catapult Smallprint's full hardcopy Trainer/Assessor Guide for the unit CHCMHS003.

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<https://catapultlearning.com.au/product/CHCMHS003/>

Unit mapping

KQ: Knowledge questions

PT : Performance tasks

KQ

PT

Elements and performance criteria

1 Share and collect information to collaboratively inform the plan for recovery

1.1	Work in a recovery oriented framework that respects the person's experience, culture and unique recovery journey and the agreed recovery alliance relationship	Q 1.1	T 1.a
1.2	Use a collaborative approach to discuss and determine information to be collected and sources of information to be accessed	Q 1.2.a, Q 1.2.b	T 1.b
1.3	Explain any organisation or program requirements including the commitment to access and equity, and limits to confidentiality	Q 1.3	T 1.b
1.4	Obtain consent from the person according to organisation policy and procedure	Q 1.4	T 1.b
1.5	Gather and document information from the person and other agreed sources to explore and clarify the person's preferences, meanings and needs	Q 1.5.a, Q 1.5.b	T 1.b
1.6	Apply best practice principles, if formal assessment is to be conducted, and work within organisation policy and procedures relating to assessment protocols	Q 1.6.a, Q 1.6.b	T 1.b
1.7	Together identify the range and potential effects of social and other barriers that are impacting on the person	Q 1.7.a, Q 1.7.b	T 1.b

2 Facilitate collaborative planning process for recovery

2.1	Work collaboratively to develop a plan for recovery and transition based on the person's choices, preferences, values, needs and goals and discuss different planning options and tools	Q 2.1.a, Q 2.1.b	T 2
2.2	Facilitate planning sessions using effective communication strategies in a manner that respects the person as their own expert, fosters their strengths and supports them as the driver of their recovery journey	Q 2.2.a, Q 2.2.b	T 2
2.3	Discuss and confirm the person's choices for personal wellness, development of self-efficacy, cultural requirements, values, meanings and purpose in life	Q 2.3.a, Q 2.3.b	T 2
2.4	Work collaboratively with the person to identify strategies and priorities to achieve goals including self-advocacy strategies and transition beyond the service	Q 2.4.a, Q 2.4.b	T 2
2.5	Identify possible barriers or risks with the person and the strategies and/or other people who can assist in responding to or overcoming these challenges	Q 2.5.a, Q 2.5.b	T 2
2.6	Develop and document personal wellness plan, risk plans or other plans to meet the person's priorities, as appropriate	Q 2.6.a, Q 2.6.b	T 2
2.7	Work collaboratively with the person to identify and balance duty of care and dignity of risk considerations whilst promoting independence from service	Q 2.7.a, Q 2.7.b	T 2
2.8	Identify and document the person's and worker's roles and timelines for action	Q 2.8	T 2

KQ: Knowledge questions**PT : Performance tasks****KQ****PT****3 Collaboratively implement plan for recovery**

3.1	Discuss with the person their interest and readiness to initiate their plan for recovery	Q 3.1	T 3
3.2	Undertake service actions as agreed in the plan in a timely manner	Q 3.2	T 3
3.3	Facilitate access to information, resources and education about opportunities and service options relevant to the persons aspirations	Q 3.3	T 3
3.4	Support person's decision making and self-advocacy	Q 3.4	T 3
3.5	Support person's positive risk taking and resilience building	Q 3.5.a, Q 3.5.b	T 3
3.6	Maintain regular contact with the person, and be available to offer support and follow up on actions	Q 3.6	T 3
3.7	Maintain records and progress notes in collaboration with the person	Q 3.7	T 3

4 Develop and maintain effective working relationships with care support network

4.1	Determine with the person who else they choose to involve in their recovery process and the roles they want them to play	Q 4.1	T 4.a
4.2	Obtain consent specifying what information can be shared with specific members of their care network and the circumstances in which the information can be released	Q 4.2	T 4.a
4.3	Identify the information and support needs of family, carer/s and friends	Q 4.3.a, Q 4.3.b	T 4.b
4.4	Establish rapport and build an effective working relationship with relevant members of the care network	Q 4.4	T 4.b
4.5	Provide and communicate information so that it is readily understood by members of the care network	Q 4.5	T 4.b
4.6	Work from a strength based approach and communicate in a manner that respects the rights, dignity, choices and confidentiality of the person with the mental health condition while facilitating the care network to support the person	Q 4.6.a, Q 4.6.b	T 4.b
4.7	Facilitate support, training or services to family, carer/s and friends based on identified needs	Q 4.7	T 4.b

KQ: Knowledge questions**PT : Performance tasks****KQ****PT****5 Support person during challenges**

5.1	Respond proactively to potential obstacles, challenges and barriers that arise, working with the person to identify ways to proceed and to reduce the likelihood of occurrence	Q 5.1.a, Q 5.1.b	T 5
5.2	Maintain an empathic, supportive and hope inspiring approach as challenges occur seeing challenge as part of the recovery journey and sources for learning	Q 5.2	T 5
5.3	Respond promptly, positively and supportively to person in distress or crisis and support access to required services	Q 5.3	T 5
5.4	Respond promptly to de-escalate potential incidents or risks and promote safety	Q 5.4	T 5

6 Collaboratively review the effectiveness of the plan and support provided

6.1	Review recovery plan and alliance regularly with person to ensure continued relevance and effectiveness	Q 6.1	T 6
6.2	Gather feedback from the person at key milestones about the effectiveness and progress in implementing their recovery plan	Q 6.2	T 6
6.3	Identify new directions and areas for change in the recovery plan and amend plans and transition strategies	Q 6.3 / 6.4	T 6
6.4	Continue implementation and review cycle for the recovery plan until outcomes have been achieved and no further service or support is required	Q 6.3 / 6.4	T 6
6.5	Gather and respond to feedback from the person on their satisfaction with the service and support provided	Q 6.5	T 6
6.6	Reflect on work practice and feedback and identify opportunities for enhancing empowerment and improved processes	Q 6.6.a, Q 6.6.b	T 6

Knowledge evidence

Legal and ethical considerations (international, national, state/territory and local) for mental health work, and how these are applied in organisations and individual practice:

- Codes of practice
- discrimination
- dignity of risk
- duty of care
- human rights
- mandatory reporting
- practice standards
- privacy, confidentiality and disclosure
- policy frameworks
- records management
- rights and responsibilities of workers, employers and individuals accessing the service
- specific mental health legislation and its impact on individual workers
- work role boundaries – responsibilities and limitations
- work health and safety

Q 7.1

Values and principles of the mental health sector

- recovery
- recovery oriented practice
- health promotion and prevention
- holistic approach
- empowerment/ disempowerment
- access and equity
- early intervention
- rights
- social justice and inclusion
- citizenship

Q 7.2

Evidence base for recovery including research and personal recovery experience

Q 7.3

Types of mental illness

Q 7.4

Local and international best-practice frameworks for:

- planning
- assessment
- implementing plan
- review

Q 1.6.a,

Q 1.6.b

Strategies to:

- support a person in distress or crises
- de-escalate incidents of risk

Q 5.4

Historical, current and emerging models of understanding mental illness in Australia and internationally

Q 7.5

KQ: Knowledge questions**PT : Performance tasks****KQ****PT**

Techniques for communication and motivational interviewing/ counselling, including:

- active listening
- attending skills, use of body language, non-verbal communication
- paraphrasing
- reflecting feelings
- open and closed questioning or probing
- summarising
- reframing
- exploring options

Q 7.6

Normalising statements

Q 7.7

Reflective practice and its role in underpinning ongoing learning, growth and good practice

Q 7.8

Performance evidence

Collaborated with at least 3 different people with mental illness to develop, implement and review a plan for recovery using recovery orientated approaches

T 1.b,
T 2,
T 3

Performed the activities outlined in the performance criteria of this unit during a period of at least 80 hours of work

T 2,
T 3,
T A

Trainer/ assessor user instructions

smallprint training and assessment materials are a commercially produced resource designed to support and underpin a Registered Training Organisation's (RTO's) delivery strategies.

smallprint resources

As a provider of commercially available resources to a range of client organisations, smallprint is aware of and considerate of their clients' need to be compliant with quality standards such as NVR, AQTF and State VET Regulations.

smallprint ensures that all its resources are current according to information provided by the official National Register of Information on Training Packages, training.gov.au (TGA).

smallprint assessment tools are mapped against:

- elements and performance criteria
- performance evidence
- knowledge evidence

The RTO must conduct their own validation and mapping to verify that the assessment tools and instruments used:

- enable the collection of evidence that complies with the principles of assessment and the rules of evidence
- can be used by different trainer/ assessors
- can be consistently applied in a range of assessment situations
- fit effectively with the RTO's TAS

If any gaps are identified the RTO must develop their own evidence gathering methods, assessment tools or activities to address these gaps.

If used correctly smallprint assessment tools should provide the basis for a comprehensive assessment in accordance with the rules of evidence and the principles of assessment.

smallprint does not promote that the use of their resources by RTOs will ensure compliance with all VET Regulations.

There are a number of requirements which impact on compliance with VET Regulations and it is the responsibility of the RTO to meet those requirements including the development of their own Training and Assessment Strategy (TAS) or Learning and Assessment Strategy (LAS).

smallprint resources consist of:

- a learning resource
- an assessment workbook

Learning resource

The smallprint learning resource provides content for learning and new skills development.

Each resource is divided into topics which relate directly to the learning elements and performance criteria for each unit.

At the end of each section the learner is provided with:

- a set of true or false questions
- a set of multi choice questions

These questions are self-marking and do not form part of the assessment for the unit. They provide an opportunity to test their understanding of their progress.

The resource is designed for self-paced learning but is also suitable for face to face or workshop delivery.

Trainer/ assessor requirements

The trainer/ assessor should provide supplementary information including interpretation of the contents of this resource.

They should initiate discussion about the subject matter and should encourage the learner to contribute their own experiences and interpretations of the material.

The learner should be encouraged by their trainer/ assessor to undertake additional research.

This might include:

- reading
- reflection
- drawing upon their knowledge in practice situations beyond what has been facilitated by the trainer

It is not necessary to work through the guides in the order in which they are written; however this is at the discretion of the trainer/ assessor.

The assessment workbook contains the following sections:

- about this unit
- what is competency based training
- how will my competency be assessed
- the tools that will be used to assess competency including:
 - assessment agreement
 - foundation skills checklist
 - skills recognition (RPL) checklist
 - knowledge questions
 - third party agreement
 - performance tasks
 - completion record

Trainer/ assessor requirements

The trainer/ assessor needs to ensure the learner understands:

- the structure of units of competency
 - this specific unit
 - how competency-based assessment works
 - assessment conditions applicable to this unit
 - resources required for assessment
 - rules of evidence
 - reasonable adjustment to ensure equity in assessment for people with disability or with special needs
 - complaints and appeals procedures
 - what constitutes competency
 - your role as a trainer/ assessor
-

Assessment agreement

Purpose

To ensure that the learner understands the assessment process.

Trainer/ assessor requirements

The trainer/ assessor needs to ensure the learner understands:

- how and when the assessment will occur
- the tools that will be used to collect evidence
- the assessment conditions that apply to this unit
- adjustments available if special needs apply
- their rights in relation to complaints and appeals
- all work must be their own
- plagiarism is not acceptable

The learner and the trainer/ assessor both need to sign this form.

Foundation skills checklist

Purpose

To determine foundation skills as defined for this unit of competency.

Trainer/ assessor requirements

Foundation skills are generally defined as:

- LLN Skills
 - reading
 - writing
 - oral communication
 - numeracy
- Employability skills
 - navigate the world of work
 - interact with others
 - get the work done

Different training packages identify foundation skill requirements in a variety of ways.

In some packages foundation skills are described as being explicit in the performance criteria of the unit of competency.

In others specific foundation skills are identified for individual units of competency.

In others all foundation skills are identified separately.

The trainer/ assessor need to identify the foundation skills levels of the learner to determine whether they have the skills to cope with the training, or whether additional support needs to be provided.

The trainer/ assessor should source and use foundation skills assessment methodologies that are suitable for their learning cohort.

On completion of the assessment the trainer/ assessor should record their final comment and mark as satisfactory/ not satisfactory as appropriate.

Skills recognition assessment

Purpose

To obtain evidence of existing skills and knowledge through:

- previous training courses
- workplace documents
- skills obtained through unpaid work
- references
- other

Trainer/ assessor requirements

The trainer/ assessor needs to determine how they wish to use this section.

Evidence of existing skills may be provided for parts of this unit. This may mean that some of the knowledge questions or performance tasks do not need to be completed.

Where this is done trainer/ assessors should clearly identify and inform the learner what is required.

RTOs may wish to use this section as a Recognition of Prior Learning (RPL) process.

However the trainer/ assessor need to ensure that the evidence provided meets the principles of assessment and rules of evidence.

On completion of the assessment the trainer/ assessor should record their final comment and mark as satisfactory/ not satisfactory as appropriate.

Knowledge questions

Purpose

To obtain evidence of the learner's essential knowledge as outlined in the:

- elements and performance criteria for this unit
- knowledge evidence for this unit

The questions address each performance criteria and are designed to elicit responses that provide evidence of the essential knowledge. The questions are also designed to include the specific knowledge requirements that relate to performance criteria.

Where essential knowledge requirements have not been referred to in performance criteria, additional questions are provided.

Trainer/ assessor requirements

The trainer/ assessor needs to determine which questions need to be answered to ensure a satisfactory outcome.

The trainer/ assessor should provide clear instructions to the learner as to:

- which questions should be answered
- the manner in which responses should be presented eg, hand written in the space provided, in a word processed document, verbally, on-line
- whether additional questions need to be answered

The questions are designed to be answered in written format. The trainer/ assessor may ask for verbal responses. Where verbal responses are provided the trainer/ assessor needs to clearly note this and ensure that responses are recorded verbatim.

When questions are answered the trainer/ assessor should provide feedback to the learner. Where responses are unsatisfactory the learner should be given the opportunity to provide additional information.

On completion of each answer the trainer/ assessor should record their final comment and mark as satisfactory/ not satisfactory as appropriate.

Third party evidence collection agreement

Purpose

To provide third parties with clear instructions about their role.

Trainer/ assessor requirements

The performance tasks has been designed to be observed by either a trainer/ assessor or a third party.

This allows for the fact that some tasks may not be directly observable by the trainer/ assessor due to:

- the complexity of the task
- the need for tasks to be repeated or observed over time
- the presence of an observer may compromise workplace safety
- work activities involving issues of confidentiality and privacy

Where a third party is used to observe the tasks the trainer/ assessor must ensure that the third party clearly understands their role and that they are in a position that allows them to regularly and consistently observe the learner's work performance.

They must be informed that:

- they are not required to conduct the assessment
- their feedback is sought as confirmation that the learner has demonstrated the skills covered in the unit to the standard required
- the assessment decision will be made by a qualified assessor

They must also be informed of:

- the tasks to be observed
- the type and the quantity of evidence to be collected and reported
- the number of performances to observe
- the questions to ask to confirm understanding of the tasks
- the time frames and performance standards applicable to the learner's work performance
- the environment in which the tasks should be performed
- how to record their observations

The third party evidence collection agreement should then be signed.

Performance tasks

Purpose

To obtain evidence of the learner's ability to:

- perform the tasks outlined in the elements and performance criteria
- perform the specific requirements outlined in the performance evidence

The tasks address:

- individual performance criterion
- where appropriate a group of performance criteria or an element of competency

The tasks are also designed to include the specific performance evidence requirements that relate to performance criteria. Where performance evidence requirements have not been included in performance criteria additional tasks are provided.

The tasks are designed to be observable and provide evidence that the learner has the necessary skills. Observations should occur over a period of time. Performance can be observed in an actual workplace or in a simulated environment.

Some units will require that certain tasks are performed a specific number of times.

Trainer/ assessor requirements

The trainer/ assessor needs to determine which of the tasks need to be performed to ensure a satisfactory outcome.

The trainer/ assessor should provide clear instructions to the learner as to:

- when the tasks are to be performed
- where the tasks are to be performed
- what they are required to do
- how many times the tasks are to be performed
- who will be observing them
- whether additional tasks need to be answered

Where tasks cannot be easily be observed they can be assessed using role plays and simulations. If performance of particular tasks cannot be observed you might enter into a discussion with the learner or ask them to explain a procedure. In some instances tasks might relate to the production of work products (portfolios/ documents/ outcomes). Although it might not be possible for the trainer/ assessor to observe the total process, the end product of work can provide evidence of performance.

When tasks have been completed the trainer/ assessor should provide feedback to the learner. Where performance is unsatisfactory the learner should be given the opportunity to attempt the task/s again.

Where the tasks have been observed by a third party the trainer/assessor should discuss with the third party what has been observed to ensure that all relevant criteria have been covered and that evidence provided meets the principles of assessment and rules of evidence. This should be recorded as part of the trainer/ assessor comments.

On completion of each task the trainer/ assessor should record their final comment and mark as satisfactory/ not satisfactory as appropriate.

Completion record

Purpose

To record the results of work completed in the assessment workbook.

Trainer/ assessor requirements

The trainer/ assessor needs to ensure that the:

- assessment conditions for this unit were met
- learner answered all questions required to the expected standard
- learner performed all the tasks required to the expected standard
- learner has been provided with comments and feedback regarding any additional assessment requirements

The completion record should be completed and signed by the learner and trainer/ assessor.
